

Week 4: _____

Posture of your soul

come into Your presence
what am I willing to surrender? _____

wait & listen, what is God saying to me?

Status of your heart

what is the status of my heart? _____

what kind of things I will leave behind to follow Jesus

what is stopping me in following Jesus?

Thinking in your mind

I hold on to this bible truth _____

what are the current situations happening in the world?

encouragement through His words

Strength to serve

calls to action _____

pray for (nation/area)



WORSHIP & PRAYER ROOM

'COME and worship me with your whole life
you will experience transformation in your
heart, soul, mind & strength'

...your PRAYER JOURNAL

...Whether in your own personal quiet room...
...or inside the church's monthly worship & prayer room...
This prayer journal takes you on a journey through worship & prayers
and you can come into God's presence; build a relationship with Jesus;
and be ministered in the Holy Spirit

Worship & Prayer Room | Chinese Church in London
7pm-9pm Soho Outreach Centre | 2nd Tuesday MONTHLY

As you begin

What does worship mean to me? Is my worship God centered and pleasing to Him? Have I personally encountered with God during worship? Does God really listen and answer my prayers? As we considered these questions, let us consider what Jesus said in Luke 10...

'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind.'

In fact He is calling us to: 'COME, worship me with your whole life, and you will experience transformation in your soul, your heart, your mind and your strength....'

This is Whole Life Worship....

We encounter with God in the journey of our life. Whether we gather in our church, in our home or work place, in our social groups, or in our personal quiet time, we seek the presence of our Father God, we build a relationship with Jesus and ready to be ministered by the Holy Spirit. In fact each of our 'Daily Walk' with God forms the basis in shaping our corporate worship culture.

Hence the church would like to invite you to walk this worship & prayer journey together. This prayer journal takes you on a path which helps you focus on God. Feel free to use this in your personal quiet time, or you can come along to the 'Worship & Prayer Room' which takes place in SOC every month, and journey with other brothers & sisters in our church.

Week 3: _____

Posture of your soul

come into Your presence
what am I willing to surrender? _____

wait & listen, what is God saying to me?

Status of your heart

what is the status of my heart? _____

_____ what kind of things I will leave behind to follow Jesus

_____ what is stopping me in following Jesus?

Thinking in your mind

I hold on to this bible truth _____

_____ what are the current situations happening in the world?

_____ encouragement through His words

Strength to serve

calls to action _____

_____ pray for (nation/area)

Week 2: _____

Posture of your soul

come into Your presence
what am I willing to surrender? _____

wait & listen, what is God saying to me?

Status of your heart

what is the status of my heart? _____

what kind of things I will leave behind to follow Jesus

what is stopping me in following Jesus?

Thinking in your mind

I hold on to this bible truth _____

what are the current situations happening in the world?

encouragement through His words

Strength to serve

calls to action _____

pray for (nation/area)

How to use this journal

This journal guides you to explore and experience our God in the different space of our whole being

..... your SOUL your HEART your MIND
..... your STRENGTH

Try this format to record your journey

Posture of your soul

surrender your everything
come into His presence to adore & praise Him
wait - listen - meditate

Status of your heart

open your heart
allow Him to search inside out
confess - forgive - heal

Thinking in your mind

consider your life situations at present
hold tight to His words & truth
read - reflect - ask

Strength to serve

commit your life to serve Him
move with the Holy Spirit
response - minister - supplicate

Inside CCIL's Worship & Prayer Room

The worship & prayer room is set up at SOC 7pm - 9pm on the 2nd Tuesday every month.

It is not an event to attend - hence feel free to come and leave anytime between the set time.

Each month there is a theme which you can follow through in your personal quiet time for the rest of the month. This journal is not a program to follow. When you come inside you are free to follow the worship journey that is set-up, but you can simply come to pray, meditate, reflect at your own pace. Feel free to share your thoughts with other fellow worshippers, in pairs or small groups and minister to each other with prayers. You are also free to worship and praise God with your own songs and music.

The only agenda is to encounter with God.....



Week 1: _____

Posture of your soul

come into Your presence
what am I willing to surrender? _____

wait & listen, what is God saying to me?

Status of your heart

what is the status of my heart? _____

what kind of things I will leave behind to follow Jesus

what is stopping me in following Jesus?

Thinking in your mind

I hold on to this bible truth _____

what are the current situations happening in the world? _____

encouragement through His words

Strength to serve

calls to action _____

pray for (nation/area)

Your personal prayer journal for November Facing a Task Unfinished

1. God's name be glorified

- As we begin our journey to seek the presence of God in our personal quiet time, read the passage in Revelations 5:11-14, which helps us to be aware of God's glory. Imagine you are in that place where you worship with many angels.
- Put down any agenda and wait for God to speak to you.
- Are you ready to have a heart of mission and see God's Name be glorified?

2. Called to follow Jesus

- The 'Mission Task' for a disciple is to follow Jesus.
- What kind of things are you willing to leave behind in order to follow Him?
- Is there anything that is stopping you to follow Jesus?
- Record your thoughts in the journal.

3. The harvest is plentiful

- Read Luke 10 and reflect on what God is speaking to you through His words.

4. Reaching out to the unreached

- Read Romans 15:18-22 and ask God to reveal how you can be a part of His mission.
- Choose a specific nation/area to pray for. Find out the current situations in the world, especially the nation/area that you have chosen.
- Write down a list of prayers for these nations/ areas and pray continuously this month.

November prayer journey inside the Worship & Prayer Room Facing a Task Unfinished

1. Worship: God's Name be glorified

Scripture : Revelation 5:11-14

Then I looked and heard the voice of many angels, numbering thousands upon thousands, and ten thousand times ten thousand. They encircled the throne and the living creatures and the elders. In a loud voice they were saying: "Worthy is the Lamb, who was slain, to receive power and wealth and wisdom and strength and honor and glory and praise!"

Then I heard every creature in heaven and on earth and under the earth and on the sea, and all that is in them, saying: "To him who sits on the throne and to the Lamb be praise and honor and glory and power, for ever and ever!"

The four living creatures said, "Amen," and the elders fell down and worshiped

As you worship reflect on the bible passage. Imagine you are in that place where you worship with many angels.....

- Are you aware of God's presence and can you see His glory?
- Put down any agenda and wait for God to speak to you.
- Are you ready to have a heart of mission and see God's Name be glorified?

2. Prayer Corner: Called to follow Jesus

The 'Mission Task' for a disciple is to follow Jesus. What kind of things are you willing to leave behind in order to follow Him? Is there anything that is stopping you to follow Jesus?

- Pick up a pen and write down your prayer request(s) on 'post-it' notes and stick them on the table. Look at what others have written down and spend some time to pray for each other.
- There is a prayer ministry team ready to pray for you.

3. Reflections: The harvest is plentiful

Scripture: Luke 10: 2 "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field"

- Browse through the photographs on the table with the verses printed on them. Reflect on what God speaking to you through His words.
- Write down your reflections.

4. Prayers: Reaching out to the unreached

Romans 15:18-21

I will not venture to speak of anything except what Christ has accomplished through me in leading the Gentiles to obey God by what I have said and done—by the power of signs and wonders, through the power of the Spirit of God. So from Jerusalem all the way around to Illyricum, I have fully proclaimed the gospel of Christ. It has always been my ambition to preach the gospel where Christ was not known, so that I would not be building on someone else's foundation. Rather, as it is written: "Those who were not told about him will see, and those who have not heard will understand."

- On the table there are maps of different areas of the world. Spend a moment to reflect on some current situations happening round the world. Choose a specific nation/area to pray for – pray for aspects such as healing, reconciliation between nations, justice, and most importantly for God's glory to reach the darkest places. Afterwards write down your prayer on post-it notes and stick it on the area on the map where you have prayed for.

In your own quiet time

When we spend time with God alone in worship and prayer, He welcomes us into a personal friendship that grows deeper over time. In this friendship we not only sense His presence and speak to Him as we journey through our daily lives, but also learn to hear His voice. In fact our contentment and joy comes from an intimate relationship with God, listen to Him speak into our heart and we acquire from God His realm of secrets.

Therefore seek His presence in your life every day. If your walk with Him is close, expect Him to draw you closer. Our God is always ready to meet us where we are and bring us further with Him. You will experience life in all of its fullness.

