



LENT 2018
WORSHIP & PRAYER
Journey

PRAYER JOURNEY PACK

26 FEB – 4 MAR

As the church gathers to Worship and Pray during Lent, we are not committing to an obligation nor a task of prayer. Instead we are journeying together to engage with our Triune GOD. Have a daily CONVERSATION with Him and meditation of His Word. This is a guide to lead you through the prayer journey...Let's pray together today.



Worship Songs & Music

Below is a list of suggested songs & music for you to listen, worship God and meditate upon during your daily time of worship, prayer and meditation. Some of the songs will have instrumental-only version on YouTube. Simply search the song name together with word 'instrumental'.

English Songs

Praise & Adoration

Reflective & Response

Bless the Lord	Still
How Great is Our God	Cornerstone
How Great Thou Art	As the Deer
Jesus Beautiful Saviour	This is Our God
The Stand	Nothing but the blood
Our Father	Revelation Song
You are Beautiful (I stand in awe)	Majesty (Here I am)
Light of the World (Here I am to Worship)	*Build my life - https://youtu.be/xLSDBG1OcGE
*O Come to the Altar - https://youtu.be/ycWDFd0yCHA	*Do it again - https://youtu.be/0B_InQIITxU
*Saviour King - https://youtu.be/XzXwkToBNZY	*I won't Forget - https://youtu.be/XsjSYFlhK5g
*The Same Power - https://youtu.be/JSin1_Q-u-Y	*No longer slaves - https://youtu.be/f8TkUMJtK5k
*What a Beautiful Name - https://youtu.be/r5L6QIAH3L4	*King of my Heart - https://youtu.be/jaxEXZqpRcA
*Mention of Your Name - https://youtu.be/5vXPVGeccCw	*Holy Spirit - https://youtu.be/eFByOX8Fb0M
*Yaweh - https://youtu.be/2JkcskM-0F0	*Oceans - https://youtu.be/dy9nwe9_xzw
*The Creed - https://youtu.be/VRzI_FbWTkg	*With Everything - https://youtu.be/OP2sFaVqq_c

Chinese Songs

禱告	https://youtu.be/DqdVMpHKORc
犧牲的愛	https://youtu.be/wHj9P3MBn8c
注目看耶穌	https://youtu.be/My36j-JCpSq
轉回	https://youtu.be/v0cS15Xv8_g
深處的呼求	https://youtu.be/2Lm1C56jEK4
耶和華是愛	https://youtu.be/Gh3PYcPe8d0
輕輕聽	https://youtu.be/aXIMuCOY08U
愛我願意	https://youtu.be/Lw5ZtTqsf9Q
安靜	https://youtu.be/Za9UdGa-P6g
更像祢	https://youtu.be/cB1IQVWfb6l
永遠不分離	https://youtu.be/B09ZuXe8lok
我高舉雙手	https://youtu.be/oNhMs-nXc_M
我們呼求	https://youtu.be/CigLPfxQ7Sc
真實的悔改	https://youtu.be/l7dbIVIAhfE
因著十架愛	https://youtu.be/hvR-QtPhHog



26th February, Monday

**Quiet your heart and be still in His presence. Talk to Him and Listen.
You're welcome to pray using the following prayer:**

Let your Spirit, O Lord, come into the midst of us to wash us with the pure water of repentance, and prepare us to be always a living sacrifice to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Spend some time to meditate on His Word.

Psalm 79:1-9

O God, the nations have invaded your inheritance; they have defiled your holy temple, they have reduced Jerusalem to rubble.

They have given the dead bodies of your servants as food to the birds of the air, the flesh of your saints to the beasts of the earth. They have poured out blood like water all around Jerusalem, and there is no one to bury the dead. We are objects of reproach to our neighbors, of scorn and derision to those around us. How long, O Lord? Will you be angry forever? How long will your jealousy burn like fire?

Pour out your wrath on the nations that do not acknowledge you, on the kingdoms that do not call on your name; for they have devoured Jacob and destroyed his homeland. Do not hold against us the sins of the fathers; may your mercy come quickly to meet us, for we are in desperate need. Help us, O God our Savior, for the glory of your name; deliver us and forgive our sins for your name's sake.

Luke 6:27-38

“But to you who are listening I say: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. If someone slaps you on one cheek, turn to them the other also. If someone takes your coat, do not withhold your shirt from them. Give to everyone who asks you, and if anyone takes what belongs to you, do not demand it back. Do to others as you would have them do to you.



“If you love those who love you, what credit is that to you? Even sinners love those who love them. And if you do good to those who are good to you, what credit is that to you? Even sinners do that. And if you lend to those from whom you expect repayment, what credit is that to you? Even sinners lend to sinners, expecting to be repaid in full. But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be children of the Most High, because he is kind to the ungrateful and wicked. Be merciful, just as your Father is merciful.

“Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.”

You're welcome to pray for the following today:

We thank the Lord for our church's pastors, staff and administrative team.

We thank God for Elder Oliver Tang, who has stepped in as Acting Senior Pastor during Pastor Lee's unpaid teaching leave in Hong Kong. May Pastor Wien Fung can be quiet in the Lord during his sabbatical. Remember pastors and staff, who preach and share God's Word in His will, encourage the congregation to live a life of authenticity, Godliness and multiply.

Today Holy Spirit You prompt me to pray for _____ (Name) / _____ (issue).

Lord we desire your presence.

Pour out your Spirit to us to the point of overflow.

We pray you speak to every one of us because we are longing to encounter you, our Heavenly Father, and your merciful love.

Lord Jesus, minister and heal our broken hearts through this Lent journey, set us free in your never-ending love, to worship you and pray in Spirit and in Truth.



27th February, Tuesday

**Quiet your heart and be still in His presence. Talk to Him and Listen.
You're welcome to pray using the following prayer:**

O God, you willed to redeem us from all iniquity by your Son: Deliver us when we are tempted to regard sin without abhorrence, and let the virtue of his passion come between us and our mortal enemy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Spend some time to meditate on His Word.

Psalm 50:7-15, 22-24

“Hear, O my people, and I will speak, O Israel, and I will testify against you: I am God, your God. I do not rebuke you for your sacrifices or your burnt offerings, which are ever before me. I have no need of a bull from your stall or of goats from your pens, for every animal of the forest is mine, and the cattle on a thousand hills. I know every bird in the mountains, and the creatures of the field are mine. If I were hungry I would not tell you, for the world is mine, and all that is in it. Do I eat the flesh of bulls or drink the blood of goats? Sacrifice thank offerings to God, fulfill your vows to the Most High, and call upon me in the day of trouble; I will deliver you, and you will honor me.”

“Consider this, you who forget God, or I will tear you to pieces, with none to rescue: He who sacrifices thank offerings honors me, and he prepares the way so that I may show him the salvation of God.”

Matthew 23:1-12

Then Jesus said to the crowds and to his disciples: “The teachers of the law and the Pharisees sit in Moses’ seat. So you must be careful to do everything they tell you. But do not do what they do, for they do not practice what they preach. They tie up heavy, cumbersome loads and put them on other people’s shoulders, but they themselves are not willing to lift a finger to move them.

“Everything they do is done for people to see: They make their phylacteries^[a] wide and the tassels on their garments long; they love the place of honor at banquets



and the most important seats in the synagogues; they love to be greeted with respect in the marketplaces and to be called 'Rabbi' by others.

“But you are not to be called 'Rabbi,' for you have one Teacher, and you are all brothers. And do not call anyone on earth 'father,' for you have one Father, and he is in heaven. Nor are you to be called instructors, for you have one Instructor, the Messiah. The greatest among you will be your servant. For those who exalt themselves will be humbled, and those who humble themselves will be exalted.

a. Matthew 23:5 That is, boxes containing Scripture verses, worn on forehead and arm

You're welcome to pray for the following today:

Praise the Lord that we are wonderfully created by Him.

May the world get to know Him and appreciate what He has done in their lives.

Today Holy Spirit You prompt me to pray for _____ (Name) / _____ (issue).

Lord we desire your presence.

Pour out your Spirit to us to the point of overflow.

We pray you speak to every one of us because we are longing to encounter you, our Heavenly Father, and your merciful love.

Lord Jesus, minister and heal our broken hearts through this Lent journey, set us free in your never-ending love, to worship you and pray in Spirit and in Truth.



28th February, Wednesday

**Quiet your heart and be still in His presence. Talk to Him and Listen.
You're welcome to pray using the following prayer:**

O God, you so loved the world that you gave your only- begotten Son to reconcile earth with heaven: Grant that we, loving you above all things, may love our friends in you, and our enemies for your sake; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Spend some time to meditate on His Word.

Psalm 31:9-16

Be merciful to me, O Lord, for I am in distress; my eyes grow weak with sorrow, my soul and my body with grief. My life is consumed by anguish and my years by groaning; my strength fails because of my affliction, and my bones grow weak. Because of all my enemies, I am the utter contempt of my neighbors; I am a dread to my friends – those who see me on the street flee from me. I am forgotten by them as though I were dead; I have become like broken pottery. I for I hear the slander of many; there is terror on every side; they conspire against me and plot to take my life. But I trust in you, O lord; I say, “You are my God.” My times are in your hands; deliver me from my enemies and from those who pursue me. Let your face shine on your servant; save me in your unfailing love.

Matthew 20: 17-28

Now Jesus was going up to Jerusalem. On the way, he took the Twelve aside and said to them, “We are going up to Jerusalem, and the Son of Man will be delivered over to the chief priests and the teachers of the law. They will condemn him to death and will hand him over to the Gentiles to be mocked and flogged and crucified. On the third day he will be raised to life!”

Then the mother of Zebedee’s sons came to Jesus with her sons and, kneeling down, asked a favor of him.



“What is it you want?” he asked. She said, “Grant that one of these two sons of mine may sit at your right and the other at your left in your kingdom.”

“You don’t know what you are asking,” Jesus said to them. “Can you drink the cup I am going to drink?”

“We can,” they answered. Jesus said to them, “You will indeed drink from my cup, but to sit at my right or left is not for me to grant. These places belong to those for whom they have been prepared by my Father.”

When the ten heard about this, they were indignant with the two brothers. Jesus called them together and said, “You know that the rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave— just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.”

You’re welcome to pray for the following today:

We give thanks to the Lord for our Church Board.

Pray for our church board leaders.

Pray for church board chair – Elder Peng Chiew. May the church council lead the congregation to be disciples of Jesus intelligently, lead the church a lovely heart and visions.

Today Holy Spirit You prompt me to pray for _____ (Name) / _____ (issue).

Lord we desire your presence.

Pour out your Spirit to us to the point of overflow.

We pray you speak to every one of us because we are longing to encounter you, our Heavenly Father, and your merciful love.

Lord Jesus, minister and heal our broken hearts through this Lent journey, set us free in your never-ending love, to worship you and pray in Spirit and in Truth.



1st March, Thursday

**Quiet your heart and be still in His presence. Talk to Him and Listen.
You're welcome to pray using the following prayer:**

O Lord, strong and mighty, Lord of hosts and King of glory: Cleanse our hearts from sin, keep our hands pure, and turn our minds from what is passing away; so that at the last we may stand in your holy place and receive your blessing; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Spend some time to meditate on His Word.

Psalm 119:1-11

Blessed are they whose ways are blameless, who walk according to the law of the Lord. Blessed are they who keep his statutes and seek him with all their heart. They do nothing wrong; they walk in his ways. You have laid down precepts that are to be fully obeyed. Oh, that my ways were steadfast in obeying your decrees! Then I would not be put to shame when I consider all your commands. I will praise you with an upright heart as I learn your righteous laws. I will obey your decrees; do not utterly forsake me.

How can a young man keep his way pure? By living according to your word. I seek you with all my heart; do not let me stray from your commands. I have hidden your word in my heart that I might not sin against you.

Luke 16:19-31

“There was a rich man who was dressed in purple and fine linen and lived in luxury every day. At his gate was laid a beggar named Lazarus, covered with sores and longing to eat what fell from the rich man’s table. Even the dogs came and licked his sores. “The time came when the beggar died and the angels carried him to Abraham’s side. The rich man also died and was buried. In Hades, where he was in torment, he looked up and saw Abraham far away, with Lazarus by his side. So he called to him, ‘Father Abraham, have pity on me and send Lazarus to dip the tip of his finger in water and cool my tongue, because I am in agony in this fire.’ “But



Abraham replied, 'Son, remember that in your lifetime you received your good things, while Lazarus received bad things, but now he is comforted here and you are in agony. And besides all this, between us and you a great chasm has been set in place, so that those who want to go from here to you cannot, nor can anyone cross over from there to us.' "He answered, 'Then I beg you, father, send Lazarus to my family, for I have five brothers. Let him warn them, so that they will not also come to this place of torment.' "Abraham replied, 'They have Moses and the Prophets; let them listen to them.' "“No, father Abraham,' he said, 'but if someone from the dead goes to them, they will repent.' "He said to him, 'If they do not listen to Moses and the Prophets, they will not be convinced even if someone rises from the dead.'”

You're welcome to pray for the following today:

Lord I thank you for your Word

Pray for the church members to have a desire for God's Word, particularly for those who are participating in "Word of Life" on Thursday, " Women's BSF" on Tuesday and 'Read thought the Bible in a Year' and various Bible Study groups. May we not only study the Bible but allow God's Word to transform our lives]

Today Holy Spirit you prompt me to pray for _____ (Name) / _____ (issue).

Lord we desire your presence.

Pour out your Spirit to us to the point of overflow.

We pray you speak to every one of us because we are longing to encounter you, our Heavenly Father, and your merciful love.

Lord Jesus, minister and heal our broken hearts through this Lent journey, set us free in your never-ending love, to worship you and pray in Spirit and in Truth.



2nd March, Friday

Quiet your heart and be still in His presence. Talk to Him and Listen.
You're welcome to pray using the following prayer:

Grant us, O Lord, that as your Son Jesus Christ prayed for his enemies on the cross, so we may have grace to forgive those who wrongfully or scornfully use us, that we ourselves may be able to receive your forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Spend some time to meditate on His Word.

Psalm 105:16-22

He called down famine on the land and destroyed all their supplies of food; and he sent a man before them – Joseph, sold as a slave. They bruised his feet with shackles, his neck was put in irons, till what he foretold came to pass, till the word of the Lord proved him true. The king sent and released him, the ruler of peoples set him free. He made him master of his household, ruler over all he possessed, to instruct his princes as he pleased and teach his elders wisdom.

Matthew 21:33-43

“Listen to another parable: There was a landowner who planted a vineyard. He put a wall around it, dug a winepress in it and built a watchtower. Then he rented the vineyard to some farmers and moved to another place. When the harvest time approached, he sent his servants to the tenants to collect his fruit.

“The tenants seized his servants; they beat one, killed another, and stoned a third. Then he sent other servants to them, more than the first time, and the tenants treated them the same way. Last of all, he sent his son to them. ‘They will respect my son,’ he said. “But when the tenants saw the son, they said to each other, ‘This is the heir. Come, let’s kill him and take his inheritance.’ So they took him and threw him out of the vineyard and killed him.

“Therefore, when the owner of the vineyard comes, what will he do to those tenants?” “He will bring those wretches to a wretched end,” they replied, “and he



will rent the vineyard to other tenants, who will give him his share of the crop at harvest time.”

Jesus said to them, “Have you never read in the Scriptures:

““The stone the builders rejected
has become the cornerstone;
the Lord has done this,
and it is marvelous in our eyes’^[a]”

“Therefore I tell you that the kingdom of God will be taken away from you and given to a people who will produce its fruit.

a. Matthew 21:42 Psalm 118:22,23

You’re welcome to pray for the following today:

*Thank the Lord for the participants who is joining the
40-day Journey of Prayer every day.*

*We lift up our corporate and personal time of prayer. May we delight in spending
time in the presence of our Father. Let us be passionate and persistent in calling out
to Him, to see His will be done and heaven come to earth. Raise up intercessors in the
church.*

Today Holy Spirit you prompt me to pray for _____ (Name) / _____ (issue).

*Lord we desire your presence.
Pour out your Spirit to us to the point of overflow.
We pray you speak to every one of us because we are longing to encounter you, our
Heavenly Father, and your merciful love.
Lord Jesus, minister and heal our broken hearts through this Lent journey, set us free
in your never-ending love, to worship you and pray in Spirit and in Truth.*



3rd March, Saturday

**Quiet your heart and be still in His presence. Talk to Him and Listen.
You're welcome to pray using the following prayer:**

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Spend some time to meditate on His Word.

Psalm 103:1-4, 9-12

Bless the Lord, O my soul, all my inmost being, bless his holy name. Bless the Lord, O my soul, and forget not all his benefits – who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion.

He will not always accuse nor will he harbor his anger forever. He does not treat us as our sins deserve or repay us according to our iniquity. For as high as the heavens are above the earth, so great is his love for those who fear him. As far as the east is from the west, so far has he removed our transgressions from us.

Luke 15:11-32

Jesus continued: “There was a man who had two sons. The younger one said to his father, ‘Father, give me my share of the estate.’ So he divided his property between them.

“Not long after that, the younger son got together all he had, set off for a distant country and there squandered his wealth in wild living. After he had spent everything, there was a severe famine in that whole country, and he began to be in need. So he went and hired himself out to a citizen of that country, who sent him to his fields to feed pigs. He longed to fill his stomach with the pods that the pigs were eating, but no one gave him anything.

“When he came to his senses, he said, ‘How many of my father’s hired servants have food to spare, and here I am starving to death! I will set out and go back to my



father and say to him: Father, I have sinned against heaven and against you. I am no longer worthy to be called your son; make me like one of your hired servants.’ So he got up and went to his father. “But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him. “The son said to him, ‘Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.’ “But the father said to his servants, ‘Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. Bring the fattened calf and kill it. Let’s have a feast and celebrate. For this son of mine was dead and is alive again; he was lost and is found.’ So they began to celebrate. “Meanwhile, the older son was in the field. When he came near the house, he heard music and dancing. So he called one of the servants and asked him what was going on. ‘Your brother has come,’ he replied, ‘and your father has killed the fattened calf because he has him back safe and sound.’

“The older brother became angry and refused to go in. So his father went out and pleaded with him. But he answered his father, ‘Look! All these years I’ve been slaving for you and never disobeyed your orders. Yet you never gave me even a young goat so I could celebrate with my friends. But when this son of yours who has squandered your property with prostitutes comes home, you kill the fattened calf for him!’ “‘My son,’ the father said, ‘you are always with me, and everything I have is yours. But we had to celebrate and be glad, because this brother of yours was dead and is alive again; he was lost and is found.’”

You’re welcome to pray for the following today:

Praise the Lord for CCiL children ministry.

Prayer for the children ministry in our congregations. We pray for our kids to be follower of Jesus who love His word and know His presence. We pray for our kids ministry leaders that they can set a good example to the kids.

Today Holy Spirit you prompt me to pray for _____ (Name) / _____ (issue).

Lord we desire your presence.

Pour out your Spirit to us to the point of overflow.

We pray you speak to every one of us because we are longing to encounter you, our Heavenly Father, and your merciful love.

Lord Jesus, minister and heal our broken hearts through this Lent journey, set us free in your never-ending love, to worship you and pray in Spirit and in Truth.



4th March, Sunday

**Quiet your heart and be still in His presence. Talk to Him and Listen.
You're welcome to pray using the following prayer:**

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Spend some time to meditate on His Word.

Psalm 119: 33-40

Teach me, O Lord, to follow your decrees; then I will keep them to the end. Give me understanding, and I will keep your law and obey it with all my heart. Direct me in the path of your commands, for there I find delight. Turn my heart toward your statutes and not toward selfish gain. Turn my eyes away from worthless things; preserve my life according to your word. Fulfill your promise to your servant, so that you may be feared. Take away the disgrace I dread, for your laws are good. How I long for your precepts! Preserve my life in your righteousness.

John 2:13-22

When it was almost time for the Jewish Passover, Jesus went up to Jerusalem. In the temple courts he found people selling cattle, sheep and doves, and others sitting at tables exchanging money. So he made a whip out of cords, and drove all from the temple courts, both sheep and cattle; he scattered the coins of the money changers and overturned their tables. To those who sold doves he said, "Get these out of here! Stop turning my Father's house into a market!" His disciples remembered that it is written: "Zeal for your house will consume me."^[a] The Jews then responded to him, "What sign can you show us to prove your authority to do all this?" Jesus answered them, "Destroy this temple, and I will raise it again in three days." They replied, "It has taken forty-six years to build this temple, and you are going to raise it in three days?" But the temple he had spoken of was his body. After he was raised from the dead, his disciples recalled what he had said.



Then they believed the scripture and the words that Jesus had spoken.

a. John 2:17 Psalm 69:9

You're welcome to pray for the following today:

I praise you Lord that we can worship You freely.

*We pray for the preachers that the word of God will be powerfully shared and taught.
May we have a greater desire for God's word and be committed to follow.*

Today Holy Spirit you prompt me to pray for _____ (Name) / _____ (issue).

*Lord we desire your presence.
Pour out your Spirit to us to the point of overflow.
We pray you speak to every one of us because we are longing to encounter you, our
Heavenly Father, and your merciful love.
Lord Jesus, minister and heal our broken hearts through this Lent journey, set us free
in your never-ending love, to worship you and pray in Spirit and in Truth.*