



歡迎您加入40天與復活主同行的旅程，讓我們今早用30分鐘一起向神禱告。
Welcome to the 40 Days Journey with the Risen Lord, let's spend 30 mins to pray together.

首先，請先用大約10分鐘安靜自己的心，並歡迎使用以下的禱文禱告。
Firstly, please spend 10 mins to quiet your heart and you're welcome to pray with the following prayer.

接下來，請用大約10分鐘默想以下的經文：
Then, please spend 10 mins to meditate on the following scriptures.

主耶穌基督，上帝的榮耀的光輝和本體的真像、那死亡無法征服的、墳塋無法囚禁的，祢既已分享我們肉身的虛弱，幫助我們在聖靈中分享祢的不朽。以致墳墓的陰影不再使我們懼怕，黑暗無法使我們的心遠離祢。作為那首先的和末後的、我們永活而不朽的救主，願祢在今天和往後的每一天向我們彰顯祢自己！阿門。

Jesus Christ, the brightness of God's glory and exact image of God's person, whom death could not conquer nor the tomb imprison, as you have shared our frailty in human flesh, help us to share your immortality in the Spirit. Let no shadow of the grave terrify us and no fear of darkness turn our hearts from you. Reveal yourself to us this day and all our days, as the first and the last, the living one, our immortal Saviour. Amen.

詩篇 Psalm 118:1-3; 14:15

你們要稱謝耶和華，因他本為善；他的慈愛永遠長存！願以色列說：他的慈愛永遠長存！願亞倫的家說：他的慈愛永遠長存！

耶和華是我的力量，是我的詩歌；他也成了我的拯救。在義人的帳棚裏，有歡呼拯救的聲音；耶和華的右手施展大能。

Give thanks to the Lord, for he is good; his love endures forever. Let Israel say: "His love endures forever." Let the house of Aaron say: "His love endures forever."

The Lord is my strength and my defense; he has become my salvation. Shouts of joy and victory resound in the tents of the righteous: "The Lord's right hand has done mighty things!"

約翰福音 John 14:21-26

有了我的命令又遵守的，這人就是愛我的；愛我的必蒙我父愛他，我也要愛他，並且要向他顯現。」猶大（不是加略人猶大）問耶穌說：「主啊，為甚麼要向我們顯現，不向世人顯現呢？」耶穌回答說：「人若愛我，就必遵守我的道；我父也必愛他，並且我們要到他那裏去，與他同住。不愛

我的人就不遵守我的道。你們所聽見的道不是我的，乃是差我來之父的道。「我還與你們同住的時候，已將這些話對你們說了。但保惠師，就是父因我的名所要差來的聖靈，他要將一切的事指教你們，並且要叫你們想起我對你們所說的一切話。

Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them.” Then Judas (not Judas Iscariot) said, “But, Lord, why do you intend to show yourself to us and not to the world?” Jesus replied, “Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me. “All this I have spoken while still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

最後，請用大約 10 分鐘為以下的事項禱告。

Finally, please spend 10 mins to pray for the following items:

1. 為在我們當中的學生們和不同的學生團契而感恩。

Praise the Lord, for the students and various student fellowships.

2. 在世界大部份的國家有着數百萬的學生。大學和學院是學生遇到債務、孤獨和壓力的地方，在那裡有很大機會與他們分享耶穌的好消息的地方，因為他們對基督教是比較開放的。

祈求基督徒的學生能以神的愛來接觸到他們。

In most countries throughout the world, there are millions of students. University and college are great places where student can experience debt, loneliness and pressure. There is a big opportunity to share the good news of Jesus with them as many are open to Christianity. Pray that Christian students to reach out with God’s love to other students.

3. 聖靈今早感動我為 _____ (人名) _____ (事情) 禱告。

This morning the Holy Spirit prompts me to pray for _____ (Name) _____ (issue).

感謝您的參與，願復活的主帶保守、祝福您！

Thank you for joining us, may the risen Lord guide you and bless you.