

New Leaf Counselling Service

The **New Leaf Counselling Service** arose from the **Chinese Church in London's** long-cherished vision to provide counselling and care for London's Chinese community. **New Leaf** works mainly in the following three areas:



1. Serving the Chinese, and others, in London and in surrounding areas, through professional counselling.
2. Providing relevant training courses and workshops for various groups.
3. Coordinating with other professional counsellors, and those working in similar fields, to support one another, raise standards and promote this area of care work.

Through professional counselling services, **New Leaf** is committed to help those facing difficulties in:

- Interpersonal / marital / family relationships.
- Rapid/ dramatic life changes (e.g. redundancy, bereavement, trauma, etc.).
- Repeated emotional troubles (e.g. depression, anxiety, confusion, anger, guilt, inferiority, etc.).
- Setting free from present or past experiences...

The New Leaf counsellors', led by our pastoral worker Anita Tang, are a team of professionally trained Christian volunteers. The Counsellors will not impose their faith on any seekers. However, the passion and care of the counsellors witness to the love of Jesus for those in need.

New Leaf also conducts training, such as workshops on personality, relationships, marriage preparation and parenting.

Please join us in prayer to lift up Anita and her team as they serve Jesus and seekers through **New Leaf**. Pray too that God will raise more brothers and Mandarin-speaking Christians to be trained as counsellors.

新葉輔導

倫敦中華基督教會早在八十年代末就提出發展華人關懷輔導工作的意向。經過十多年的努力，誕生了今天的新葉輔導服務。新葉的工作主要有以下三方面：



1. 以專業心理輔導來服務倫敦及周邊的華人及其他人士
2. 按不同群體的需要提供相關培訓和講座
3. 聯合其他的專業輔導員及相關工作者，彼此支持共同提高專業水準及推廣關懷工作

透過專業輔導服務，**新葉**定意為面臨以下困難的人施出援手：

- 人際關係或戀愛 / 婚姻 / 家庭關係的困難
- 生活 / 工作環境或情緒上的巨大變化 / 困境 / 挫折 (如失業、喪親、遇難等)
- 反復出現的情緒困擾 (如憂鬱、沮喪、焦慮、困惑、迷茫、惱怒、自卑等)
- 無法擺脫過去人生經歷的困擾等等

新葉之團隊，由教會鄧美儀傳道主管，均為專業輔導員並信耶穌的志願者。在輔導中他們不會將信仰強加求助者，但從輔導員的熱誠和關顧中，往往流露出耶穌的愛。

新葉也舉辦工作坊，幫助參與者瞭解性格與人際關係，婚前預備，親子關係等。

請為**新葉**、美儀傳道及其團隊擺上禱告，讓他們透過服侍求助者去事奉神。祈求神供應及鼓勵更多弟兄及說國語的基督徒受訓練成為輔導員。